# **Core Programs**

### Core programs taught to all offenders based upon the individual's needs:

- Violence Prevention/Building Healthy Communities
- Impact of Crime
- 7 Habits on the Inside
- Thinking for a Change
- I am Responsible
- Anger Management
- Coping Skills
- Changing Offender Behavior

#### Core Reentry programs

- A Guide to Rational Living
- Addictive Thinking
- An Hour of Power
- Bridging the Gap
- Getting it Right
  - o Personal Growth
  - o Responsible Thinking
  - o Managing My Life
  - o Maintaining Positive Change
  - o Change Plan
- Character Class
- Depression
- Effective Communication
- Family dynamics
- Interview Techniques
- Life Skills for Success
- Managing Your Money
- Mapping Your Reentry
- Men in Transition
- Parenting/Family
- Power of a Creative Life
- Problem Solving
- Relapse Prevention
- Solutions (Substance Use course, facilitated by Certified Peer Support Specialist)
- Stress Management
- Substance Abuse
- Switch
- The Con Game
- Wellness

# **Core Programs**

### Core Programs for offenders in special housing with security concerns

- Corrective Actions Curriculum
  - o The Con Game
  - o Values
  - o Thinking Errors
  - o My Change Plan
- The Challenge Curriculum
  - Orientation
  - o Rational Thinking
  - o Criminal Lifestyles
  - Violence Prevention
  - o Communication Strategies
  - o Lifestyle Balance
  - Transition
- Thinking for a Change
- 7 Habits on the Inside
- Anger Management
- Art therapy
- Sociology 101
- Philosophy 101
- Creative Writing
- Brave Curriculum
  - Orientation
  - o Adjustment to Incarceration
  - o Rational Thinking
  - o Criminal Lifestyles
  - o Living with Others
  - o Lifestyle Balance
  - o Success Strategies
  - o Rational Self-Analysis

SCDC is in an ongoing process of identifying and purchasing courses that target the criminogenic need.

\*Additional staff were requested in the 20/21 budget. However, the budget request was not funded.